

Informed Consent for Telehealth Treatment

Patient Name: _____

If I elect to receive treatment by a health care provider affiliated with BodyForward via telehealth, I understand and agree to the following:

Benefits and Risks of Telehealth Treatment

Telehealth treatment refers to providing treatment remotely using telecommunications technologies, such as video conferencing or telephone. One of the benefits of telehealth is that the patient and health care provider can engage in services without being in the same physical location. It can be more convenient and take less time. Telehealth, however, requires technical competence on both our parts to be helpful. Although there are benefits of telehealth, there are some differences between in-person treatment and telehealth, as well as some risks. For example:

- Risks to confidentiality. There is potential for other people to overhear sessions if I am not in a private place during the session. The health care provider will take reasonable steps to ensure my privacy, but it is my responsibility to make sure I am in a private place where I will not be interrupted. It is also my responsibility to protect the privacy of my treatment on my computer, cell phone or other device.
- Issues related to technology. There are many ways that technology issues might impact telehealth. For example, technology may stop working during a session, other people might be able to get access to my private conversation, or stored data could be accessed by unauthorized people or companies.
- Efficacy. Most research shows that telehealth is about as effective as in-person treatment. However, some health care providers believe that something is lost by not being in the same room. My health care provider or I can discontinue the telehealth session if either of us believe that the telehealth connection is inadequate for treatment.

Electronic Communications

BodyForward and its health care providers use _____, which is an encrypted HIPAA-compliant platform, for its telehealth services. I may have to have certain computer or cell phone systems to use telehealth services. I am solely responsible for any cost to obtain any necessary equipment, accessories or software to take part in telehealth.

For communication between sessions, BodyForward and its health care providers use email, voice communication and text messaging with my permission for administrative purposes and test results unless we have made another agreement. This means that emails and text messages to BodyForward and its health care providers should be limited to setting and

changing appointments, billing matters, and other related issues. I understand and agree that BodyForward and its health care providers cannot guarantee the confidentiality of any information communicated by email, voice message or text.

Confidentiality and Technology

The nature of electronic communications technologies is such that BodyForward and its health care providers cannot guarantee that your communications will be kept confidential or that other people may not gain access to our communications. I will take reasonable steps to ensure the security of our communications (for example, having passwords to protect the device I use for telehealth).

If the video session is interrupted due to technical difficulties, the health care provider will call me at the telephone number I have provided unless I have made alternative reconnection plans with BodyForward or its health care providers.

The risks and benefits of telehealth have been explained to me. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction.

Signature of Patient or Legal Representative

Date

Print Name of Patient or Legal Representative